



EAGLE EXPRESS

Phone: 413-423-3326

<http://www.erving.com>

SCHOOL WEEKLY NEWSLETTER

WINTER EDITION

ERVING, MA

DECEMBER 4TH, 2020

From The Principal's Desk:



December 4, 2020

Dear Families and Friends of Erving Elementary School,

This week I am happy to highlight our first and second grade students and their fight to end hunger in Western Massachusetts. Students in Mr. Rubin, Mrs. Barry and Mrs. Harrington-Pangallo's classes learned about food insecurity and ways to prevent hunger in our region. Due to coronavirus, EES first and second grade students were not able to join Monte Belmonte on his march from Springfield to Greenfield this year, but they did participate in a school-based version of Monte's March on November 23rd and 24th. In addition to marching at school, the students raised over \$1,000 for The Food Bank of Western Massachusetts. Since 1982, the Food Bank of Western Massachusetts has been feeding families in Berkshire, Franklin, Hampden and Hampshire counties and leading our community to end hunger.

Way to go first and second graders! EES is proud of you. I would like to thank all of the Erving Elementary School families and staff members that donated to this important cause.

Have a great weekend!

Lisa



ANNOUNCEMENTS



Tech Talk... with Mr. Smith

Please remember to power off your iPads every night. Not only is it important for students to get a screen-break, but your iPads reset nightly. If they can't reset, it will slow our kiddos down the next day when they need to log in. Remember: turn it off when school's done!

School Meal Program

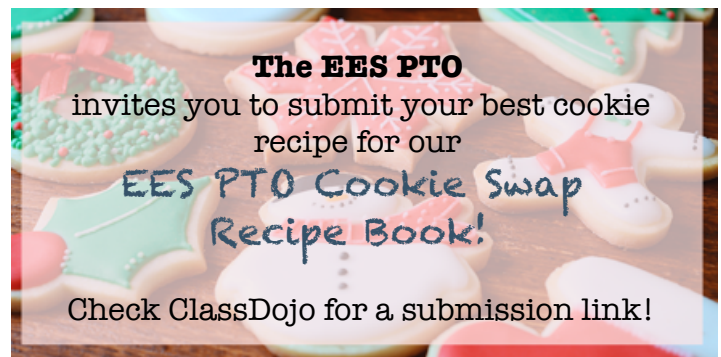


Meal pickup will be on
Tuesday Dec 8th and
Thursday Dec 10th
at 11:45 am

at Veteran's Field and
at Church Street/Erving Center

Please remember to wear your **mask** during
pickup!

We will keep you updated with changes.



Please join Principal Lisa Candito for a Parent Connection Session



Thursday, December 17th
From 1:30-2:30 pm.

This session will be an opportunity for parents/guardians to stay connected with Lisa and other families during this challenging time. These sessions will take place on the first and third Thursday of the month.

[CLICK HERE](#)

MOVEMENT MATTERS with Jess Galvin

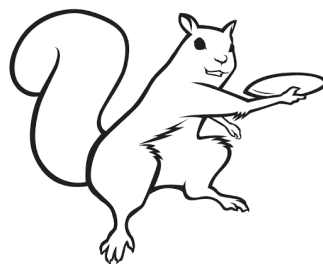


It's been so wonderful to see most of the students' faces in person! We've been playing new games, modifying old ones to fit the circumstances, and in general having a lot of fun! One of the ways we are keeping active is by hiking the great trail we have on the school's property. To make hiking a little more fun, Kindergarten, 5th and 6th grades have been playing camouflage hide and seek along our hikes. If you aren't sure what this game is, ask your student. They all seem to love this game!.

As I'm sure you will see in these pictures, we have a new addition in the woods. I've used some hula hoops and rope to create a frisbee golf course behind the field! Kindergarten was the lucky first class to test it out. The students had a lot of fun moving from hula hoop to hula hoop trying to toss the frisbee through from different distances. Thank you to Mrs. Gagne for helping me hang our course!



When we are in the building due to weather, I have modified some old favorites to make them safe with proper social distancing. We've been playing soccer, lacrosse, and floor hockey in the older grades (5 and 6). Students have designated spots, much like on a foosball table. They are learning to rely more on one another as teammates to score now as they can't move from their area!



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Preschool has had the chance to use the scooters during their class times with designated lanes to travel from one side of the gym to the other. In addition to having scooter races, preschool has also been doing exercises and playing games like Lion's Den and Zoo. In addition, over the last couple of weeks, they have been working on basic soccer skills with kicking and stopping the ball using just their feet! They've made great progress! Preschool also had the opportunity to have a candy cane hunt! I hid 36 candy canes in their forest area and they did a great job of searching high and low to find them!



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While PE looks very different this year, I am taking it as a challenge to find creative and interesting ways to keep your children active and having a great time while they are with me! I enjoy every minute I spend with them.

December Breakfast & Lunch 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast is served w/fruit & milk	Nov. 30 Assorted cereal – sun butter & jelly sandwich, broccoli	1 Pancakes – cheese quesadilla, corn & black bean salad	2 English muffin w/butter – Hamb/cheeseburger on a wg roll, sweet potato fries	3 Assorted cereal – chicken filet on a wg roll, corn	4 Wg muffin & cheese stick – cheese pizza, wax beans	
	7 Assorted cereal – turkey & cheese sandwich, broccoli	8 Waffles – cheeseburger wrap, three bean salad	9 Bagel w/cream cheese – Chicken patty on a wg roll, carrots	10 Assorted cereal – hamburger gravy over rice, corn	11 Wg muffin & cheese stick – cheese pizza, green beans	
All lunches are served w/fruit, vegetables & milk	14 Assorted cereal – chicken nuggets, brown rice & broccoli	15 Pancakes – soft beef taco, seasoned black beans	16 Egg & cheese sandwich – chicken parm w/pasta carrots	17 Assorted cereal – Ham & cheese sandwich, potato wedges	18 Wg muffin & cheese stick – cheese pizza, wax beans	
	21 Assorted cereal – fish sticks, brown rice, broccoli	22 Waffles – nacho's w/cheese, corn & black bean salad	23 Holiday Recess No Meal Service	24 Holiday Recess No Meal Service	25 Holiday Recess No Meal Service	
	28 Holiday Recess No Meal Service	29 Holiday Recess No Meal Service	30 Holiday Recess No Meal Service	31 Holiday Recess No Meal Service	Jan. 1 Holiday Recess No Meal Service	

All sandwiches are made using whole grain bread. Each lunch is served with a choice of 1% white, skim, 1% milk. All meals are subject to change without notice.

All meals are served w/fruit. Breakfast requires a grain, fruit & milk. Lunch is served with a grain, protein, fruit, vegetable & milk

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

*WG = whole grain
*WW = whole wheat
*HM = homemade



Handling Anxiety in the Covid-19 Era

*With Meg Colenback, LICSW NAP Behavioral Health Clinician
and Jonathan Schwab, M.D. NAP Medical Director*

Sunday, December 6th
from 4pm - 5:30pm
through Zoom

Pandemics result in tremendous stress in all areas. Children may need to learn new ways to manage their stress without the typical coping mechanisms like spending time with friends and other group activities. This workshop will discuss strategies and coping skills to help deal with anxiety and the stress your children are experiencing.

For Zoom link or more information, please contact us at:
contactus@napeds.com



FREE COVID-19 TESTING AT

North Quabbin Commons

(Parking lot to the right of Hobby Lobby—Please follow signs)

WEDNESDAY, DECEMBER 9, 2020

10:00 AM—4:00 PM

Have you been tested?

It's quick, it's free, it's confidential!

Open to residents of the following North Quabbin towns:

***Athol, Orange, Erving, Royalston, Petersham,
Phillipston, New Salem, Warwick, Wendell***

Sponsored by the Massachusetts Department of Public Health,
Cataldo Ambulance Service, the Office of the Town Manager
and the Athol Department of Public Health



FOR A
DRIVE-BY WITH

Santa and Mrs. Claus

SATURDAY

DEC 12 * 10-11:30 AM

at the Erving Community & Senior Center
1 Care Drive, Erving MA 01344

*Bring your letters to Santa and receive a special
Holiday gift from the safety of your car.*

A socially-distant holiday event brought to you by
the Erving Recreation Commission